

Long Term Plan – 2 Year Cycle

YEAR A

	Autumn		Spring		Summer	
EYFS	Introduction to PE unit 1	Introduction to PE unit 2	Fundamentals	Gymnastics	Games	Dance
KS1	Fundamentals	Dance	Gymnastics	Ball games	Invasion games	Athletics
LKS2	Hockey Yoga	Dance Fitness	Fundamentals Gymnastics	Basketball Ball skills	Rounders Tennis	Athletics Football
UKS2	Dance Rugby	Fitness Dodgeball	Gymnastics Hockey	Yoga Netball	Basketball Cricket	Athletics Rounders

YEAR B

	Autumn		Spring		Summer	
EYFS	Introduction to PE Unit 1	Introduction to PE Unit 2	Fundamentals	Gymnastics	Games	Dance
KS1	Fundamentals	Dance	Gymnastics	Ball games	Invasion games	Athletics
LKS2	Hockey Yoga	Dance Fitness	Fundamentals Gymnastics	Basketball Ball skills	Rounders Tennis	Athletics Football
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